



UNITED STATES MARINE CORPS
MARINE CORPS INSTALLATIONS WEST-MARINE CORPS BASE
BOX 555010
CAMP PENDLETON, CALIFORNIA 92055-5010

1700
MCCS
04 June 25

MEMORANDUM

From: Active Duty & Unit Recreation Dept Head, Semper Fit Division,
Marine Corps Community Services, Camp Pendleton
To: Sergeant Major, Marine Corps Air Station, Camp Pendleton,
California

Subj: MINUTES OF THE MARINE CORPS AIR STATION (MCAS) SINGLE MARINE
PROGRAM COUNCIL MEETING WEDNESDAY, 04 June 2025

Ref: (a) MCO 1700.36B
(b) MCIWEST-MCB CAMPENO 5420.10

1. As provided in reference (a), the Single Marine Program (SMP) Council meeting was called to order by the MCAS SMP Council President at 1200.

2. Attendance

a. Units with Junior Service Member Representative(s) Present

- (1) Headquarters & Headquarter Squadron MCAS (H & HS MCAS)
- (2) Marine Light Attack Helicopter Squadron 369 (HMLA-369)
- (3) Marine Air Support Squadron 3 (MASS-3)
- (4) Marine Wing Support Squadron 372 (MWSS-372)
- (5) Marine Light Attack Helicopter Training Squadron 303
(HMLAT-303)
- (6) Marine Light Attack Helicopter Squadron 367 (HMLA-367)
- (7) Marine Medium Tiltrotor Squadron 164 (VMM-164)

b. Units with Senior Enlisted Adviser (SEA) Present

- (1) (H & HS MCAS)

c. Others Present

- (1) Active Duty & Unit Rec Department Head
- (2) Recreation Center Supervisor
- (3) Single Marine Program Assistant Coordinator

Subj: MINUTES OF THE MARINE CORPS AIR STATION (MCAS) SINGLE MARINE
PROGRAM COUNCIL MEETING WEDNESDAY, 04 June 2025

- (4) 22 Area Active-Duty Recreation Center (ADRC) Manager
- (5) Volunteer Coordinator
- (6) 33 Area Active-Duty Recreation Center (ADRC) Manager
- (7) MCCS Coordinator
- (8) Resilience & Wellness Specialist

3. Sgt Spears. Started the meeting by introducing herself as the president and encouraging everyone to sign in. Please hand all appointment letters to Ms. Carina Ricciardi at the end of the meeting.

4. Quality of Life Issues

- a. Old Issues- No New Issues.
- b. New Issues- No New Issues.

5. Guest Speakers

a. Mr. Miguel Juarez. There is an abundance of volunteer opportunities here in Southern California. We can find something that interests you or pertains to your hobbies or goals. Volunteering is a great way to support the community, but it also enhances your mental, physical, and social wellbeing. Volunteering benefits Marines and Sailors by providing them with rewarding experiences, helping them to develop healthy habits. If you see someone sitting in their barracks on the weekends with nothing to do, encourage them to get out and try new things. If you email me at miguel.juarez@usmc-mccs.org, I can get you on our distro list and help you find things to do. You can also receive a medal for volunteering. You must volunteer consistently for a 36 month period to be eligible to receive the award.

b. Ms. Jodessa Braga. We have several Warrior Network group classes available to enhance your mental wellbeing. These classes are at Paige fieldhouse, and you don't need to register or sign up ahead of time. This is a great way to sharpen your mindset and enhance your resiliency. The class on 17 June focuses on building healthy habits, and tools that can help motivate you to make real changes in your life. We can help you develop as an individual so that you can stay motivated in the fight and be the best Marine you can be. We teach you how to solve problems better so that you can make the best decisions professionally and personally. We can also bring the courses directly to your unit. If you would like to speak individually, we also do one on one sessions. We are here to help you.

c. Ms. Tonya Bryant. Discussed the upcoming events at 22 ADRC. There is also an auto show 12 July from 1100-1400 at the 22 area parade deck. Register your car or motorcycle today! Open to all authorized base patrons.

Subj: MINUTES OF THE MARINE CORPS AIR STATION (MCAS) SINGLE MARINE PROGRAM COUNCIL MEETING WEDNESDAY, 04 June 2025

d. Mr. Mark Buehman. Discussed the upcoming events at 33 ADRC.

e. Ms. Carina Ricciardi. We have surfing lessons at Del Mar beach 13 and 27 June from 1100-1400. This event is free and open to all active duty, please email pen.oa@usmc-mccs.org to sign up. We provide all equipment and chow. There is limited availability, and spots fill up fast. Our next gravel ride hustle is 11 June at 1100 behind the 22 area barracks. We are still offering archery, surf, stand up paddle, hiking, and mountain biking as alternative Unit PT's. Please email us if you are interested in setting something up.

f. Mr. Eddie Hadley. Comic con is officially back and we are now accepting volunteers. It's from 24-27 July 0700-1700 and you must volunteer a consecutive 2 days to participate. Open to single and unaccompanied active duty only. To sign up, you must fill out an authorization form and create a member ID on the comic con website. On 12 June we have a free bowling event at Leatherneck Lanes from 1100-1300. The turnout for the previous bowling events was successful, it's a really fun way to spend your chow and it's open to all active duty. On 13 June we have a trip to Torrey Pines. You can spend the day hiking or relaxing on the beach. Open to all active duty. On 25 June at 1100 there is a free meal prep class at Paige Fieldhouse. You will receive nutritional information and barracks friendly recipes and put together a meal. On 18 July we have a deep sea fishing trip. The charter is at the Oceanside Harbor; the cost is \$55 which includes 5 hours of deep sea fishing. Fishing licenses and rods are not included but can be purchased at the harbor beforehand. We need volunteers for our PE Fitness event on 26 June 0730-1300. LOA and lunch provided. Please make sure you also check our recreation center calendar in the newsletter. We have eight recreation centers on base that put on several events every month.

g. Ms. Crystina Valverde. A few new things to pass. I created an info sheet of frequently called numbers and info you can refer to when needed. There are several helpful resources listed, print outs are in the back. Auto skills is having a Father's Day car show on 14 June. They are accepting entries from 10 May to 10 June. We printed out copies of the QSRmax flyer since many people were having trouble with the QR code. Please keep in mind if you make copies of the flyer, the QR code may not work. If you would like a PDF of the flyer, reach out to us and we can send it to you. Food, Hospitality, and Recreation Division has put together a newsletter of events for the month of June. It includes the food trucks schedule and where they will be located on base. Two additional volunteer events we want to highlight. We are partnering with coastal K9 Shepherd rescue in Valley Center. They are looking for volunteers 28 June from 0730-1300. We can provide transportation. 04 July 1100-1300 there is a volunteer event at Silvergate Fallbrook Retirement. You will have lunch with retirees, service uniform is required.

6. Closing Remarks. Sgt Spears reminded everyone to sign in and hand all appointment letters to Ms. Carina Ricciardi.

7. SgtMaj Smith-Leavy. As the President and VP mentioned, this is a

Subj: MINUTES OF THE MARINE CORPS AIR STATION (MCAS) SINGLE MARINE
PROGRAM COUNCIL MEETING WEDNESDAY, 04 June 2025

very important job. Being an SMP rep is so important for your command, you help contribute with retention in the Marine Corps. It is your job to reach out to the new joins to make sure they are on the right path, and that they know where everything is and what opportunities are available to them. These trips and events are inexpensive or even free. We want our Marines to get out of their barracks rooms and have new experiences so they can be successful. As a rep you are in a leadership role and are a part of the command team. This will look great for promotions. We touched on investment classes today which are so important. The years go by very fast, please make sure you and your Marines are squared away and are making financially smart decisions. Learning to properly save and invest is serious. Last time, Col Houser mentioned everything we are doing in regards to the 24 area barracks. We are still working on these projects but it's really starting to come together. New tv's, couches, and carpets. Please make sure you and your Marines are taking care of the barracks, cleaning up and reporting any vandalism. Please speak up if you have an idea, because your opinions matter and we take it seriously.

8. The meeting adjourned at 1300. Questions can be emailed to
PENSMP@usmc-mccs.org