

HOW TO SUPPORT A PEER AFTER A SEXUAL ASSAULT

Listen to what the person has to say. Sometimes all the person needs is for someone to listen.

Ask what the person needs. If the person is open to receiving help, take the person to the Sexual Assault Response Coordinator or Sexual Assault Prevention and Response Victim Advocate.

Show kindness and respect. The person has come to you because the person trusts you and feels safe with you.

Let the person know you believe what you have been told. Those who have been sexually assaulted may worry they will not be believed, and this can show they are believed and supported.

If you or someone you know has experienced sexual assault, resources are available through the Sexual Assault Prevention and Response (SAPR) Program. You can find more information on how to support someone at usmc-mccs.org/SAPR or the DoD Safe Helpline at safehelpline.org or 877-995-5247.

