

2023 TRS/PRE-RETIREMENT SCHEDULE MAINSIDE

The Transition Readiness Seminar (TRS) is a mandatory 5-day seminar for separating and retiring Service Members. The curriculum provides vital information and resources to assist Service Members with developing a solid transition plan to include a draft budget, draft resume, and an Individual Transition Plan (ITP).

Tracks are embedded in the week of TRS training. Four track options are available: Employment (EM), Education (ED), Vocational (V), and Entrepreneurship (EN). Availability by week is displayed below.

MAINSIDE Transition Readiness & Career Center Bldg. 1339 (Bowling Alley) Target: Less than 20 years of service				Pre-Retirement TRS Location: Bldg. 1339 (Bowling Alley) Classroom 3 Target: All Retirees		
JANUARY 9-13 (EM, ED, EN) 23-27 (EM, ED) 30-3 Feb (EM, ED)	FEBRUARY 6-10 (EM, ED, V) 13-17 (EM, ED) 27-3 Mar (EM, ED, EN)	MARCH 6-10 (EM, ED, V) 13-17 (EM, ED) 20-24 (EM, ED, EN) 27-31 (EM, ED)	APRIL 3-7 (EM, ED) 10-14 (EM, ED) 17-21 (EM, ED) 24-28 (EM, ED, EN)	JANUARY 23-27 30-3 Feb	FEBRUARY 13-17 27-3 Mar	MARCH 13-17 27-31
MAY 1-5 (EM, ED, V) 8-12 (EM, ED) 15-19 (EM, ED, EN) 22-26 (EM, ED)	JUNE 5-9 (EM, ED, V) 12-16 (EM, ED) 26-30 (EM, ED, EN)	JULY 10-14 (EM, ED, EN) 17-21 (EM, ED) 24-28 (EM, ED)	AUGUST 31 Jul-4 (EM, ED, V) 7-11 (EM, ED) 14-18 (EM, ED) 21-25 (EM, ED) 28-1 Sep (EM, ED, EN)	APRIL 10-14 24-28	MAY 8-12 22-26	JUNE 12-16 26-30
SEPTEMBER 11-15 (EM, ED, V) 18-22 (EM, ED, EN) 25-29 (EM, ED)	OCTOBER 2-6 (EM, ED) 16-20 (EM, ED) 23-27 (EM, ED, EN) 30-3 Nov (EM, ED, EN)	NOVEMBER 13-17 (EM, ED, V) 27-1 Dec (EM, ED)	DECEMBER 4-8 (EM, ED, V) 11-15 (EM, ED) 18-22 (EM, ED, EN)	JULY 17-21 24-28	AUGUST 7-11 21-25	SEPTEMBER 11-15 25-29
				OCTOBER 16-20 30-3 Nov	NOVEMBER 13-17 27-1 Dec	DECEMBER 11-15 18-22

TRS Requirements

- Initial Counseling and the Pre-Separation Counseling Brief must be completed prior to attending TRS.
- All participants must be registered through their Unit Transition Coordinator (UTC).
- Please send all registration requests to CPTRSPRS@usmc.mil.
- It is required that attendees bring a personal laptop.
- All attendees must be in business casual attire; NO jeans, NO shorts, NO flip flops, etc.