The Transition Readiness Seminar (TRS) is a mandatory 5-day seminar for separating and retiring Service Members. The curriculum provides vital information and resources to assist Service Members with developing a solid transition plan to include a draft budget, draft resume, and an Individual Transition Plan (ITP).

Tracks are embedded in the week of TRS training. Four track options are available: Employment (EM), Education (ED), Vocational (V), and Entrepreneurship (EN). Availability by week is displayed below.

**TRS Requirements**
- Initial Counseling and the Pre-Separation Counseling Brief must be completed prior to attending TRS.
- All participants must be registered through their Unit Transition Coordinator (UTC).
- Please send all registration requests to CPTRSPRS@usmc.mil.
- It is required that attendees bring a personal laptop.
- All attendees must be in business casual attire; NO jeans, NO shorts, NO flip flops, etc.