



**UNITED STATES MARINE CORPS**  
MARINE CORPS INSTALLATIONS WEST-MARINE CORPS BASE  
BOX 555010  
CAMP PENDLETON, CALIFORNIA 92055-5010

1700  
MCCS  
09 July 25

MEMORANDUM

From: Active Duty & Unit Recreation Dept Head, Semper Fit Division,  
Marine Corps Community Services, Camp Pendleton  
To: Sergeant Major, Marine Corps Air Station, Camp Pendleton,  
California

Subj: MINUTES OF THE MARINE CORPS AIR STATION (MCAS) SINGLE MARINE  
PROGRAM COUNCIL MEETING WEDNESDAY, 09 July 2025

Ref: (a) MCO 1700.36B  
(b) MCIWEST-MCB CAMPENO 5420.10

1. As provided in reference (a), the Single Marine Program (SMP) Council meeting was called to order by the MCAS SMP Council President at 1200.

2. Attendance

a. Units with Junior Service Member Representative(s) Present

- (1) Headquarters & Headquarter Squadron MCAS (H & HS MCAS)
- (2) Marine Light Attack Helicopter Squadron 369 (HMLA-369)
- (3) Marine Air Support Squadron 3 (MASS-3)
- (4) Marine Wing Support Squadron 372 (MWSS-372)
- (5) Marine Aviation Logistics Squadron 39 (MALS-39)
- (6) Marine Light Attack Helicopter Squadron 367 (HMLA-367)
- (7) Marine Medium Tiltrotor Squadron 164 (VMM-164)

b. Units with Senior Enlisted Adviser (SEA) Present

- (1) (H & HS MCAS)
- (2) (MALS-39)

c. Others Present

- (1) Active Duty & Unit Rec Department Head
- (2) Recreation Center Supervisor

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- (3) Single Marine Program Assistant Coordinator
- (4) 22 Area Active-Duty Recreation Center (ADRC) Manager
- (5) Volunteer Coordinator
- (6) 33 Area Active-Duty Recreation Center (ADRC) Manager
- (7) MCCS Coordinator
- (8) Resilience & Wellness Specialist
- (9) 24 Area Active-Duty Recreation Center (ADRC) Manager
- (10) Finance Specialist
- (11) Big Brother Big Sisters of San Diego County
- (12) Recreation Assistant

3. Sgt Spears. Started the meeting by introducing herself as the president and encouraging everyone to sign in. Please hand all appointment letters to Ms. Carina Ricciardi at the end of the meeting.

4. Quality of Life Issues

- a. Old Issues- No New Issues.
- b. New Issues- No New Issues.

5. Guest Speakers

a. MGySgt Michael Murphy. I am here to spread the word on LAT move opportunities. MCCS does have an MOS, 4133, and our mission is to support the MEF in deployed environments. The ISO containers or "PX" on wheels is what we provide. We help with retail, club system, Semper Fit, and other divisions and departments. If you feel like your MOS has no tangible skills, or you aren't promoting fast enough, this would be a great opportunity for you. You will learn business management which translates to most jobs in the civilian world. You must be a senior Cpl or junior Sgt to get approved. We are fast moving for promotions. ASVAB needs to be a GT of 110, or a 105 with a CL or EL of 105. First class CFT and PFT to get into the LAT move. Once you are in you do not need to be first class. Obligated service of 48 months. Must be worldwide deployable. Reach out to your career counselors if you are interested.

b. Mr. Julian Roldan. Big Brothers and Big Sisters is a nonprofit in San Diego, and we are looking for mentors to help with our 6-18 year olds, who are specifically military children. We have children in single family households, whose parent might be deployed. As a big you will hang out with or "mentor" a child once a month. This program is a great opportunity to gain volunteer hours and to help military families in your community.

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c. Mr. Miguel Juarez. We have a volunteer opportunity we are currently taking sign ups for. On the 26<sup>th</sup> and 27<sup>th</sup> of July, we are going out to one of the orchards in Fallbrook to pick oranges. You can take home a bucket when you are done. The Fallbrook Food pantry will pick up the oranges you pick for their food drive. This is a great way to give back to the community who are facing food insecurity. This event is open to active duty only. There is an abundance of volunteer opportunities here in Southern California. We can find something that interests you or pertains to your hobbies or goals. Volunteering is a great way to support the community, but it also enhances your mental, physical, and social well-being. Volunteering benefits Marines and Sailors by providing them with rewarding experiences, helping them to develop healthy habits. If you see someone sitting in their barracks on the weekend with nothing to do, encourage them to get out and try new things. If you email me at miguel.juarez@usmc-mccs.org, I can get you on our distro list and help you find things to do. You can also receive a medal for volunteering. You must volunteer consistently for a 36-month period to be eligible to receive the award.

d. Ms. Jodessa Braga. We have several Warrior Network group classes available to enhance your mental wellbeing. These classes are at Paige fieldhouse, and you don't need to register or sign up ahead of time. Our class is every 3<sup>rd</sup> Tuesday of the month, and it's drop in so there is no need to register. It is from 1100-1200 and we always offer chow. This is a great way to sharpen your mindset and enhance your resiliency. We can help you develop as an individual so that you can stay motivated in the fight and be the best Marine you can be. We teach you how to solve problems better so that you can make the best decisions professionally and personally. We can also bring the courses directly to your unit. If you would like to speak individually, we also do one on one sessions. We are here to help you.

e. Ms. Beth Middleton. I am one of the financial specialists here on base, and I can help you with anything finance related. Did you know 1 out of 4 active duty military members are food insecure? Money is very challenging here, especially in California. They are expecting gas to go up again, and car insurance has already gone up this year. We can help your spouses find jobs if they are struggling. We are under the privacy act so we will not share your information. Before you purchase a car, come to us for guidance. Interest is very high right now and we do not want anyone to be taken advantage of. Please reach out to us, we are here to help.

f. Ms. Tonya Bryant. Discussed the upcoming events at 22 ADRC. There is also an auto show 12 July from 1100-1400 at the 22 area parade deck. Register your car or motorcycle today! Open to all authorized base patrons.

g. Mr. Mark Buehman. Discussed the upcoming events at 33 ADRC.

h. Mr. Chris Phillips. Discussed the upcoming events at 24 ADRC.

i. Ms. Carina Ricciardi. We have surfing lessons at Del Mar

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beach 11 and 25 July from 1100-1400. This event is free and open to all active duty, please email [pen.oa@usmc-mccs.org](mailto:pen.oa@usmc-mccs.org) to sign up. We provide all equipment and chow. There is limited availability, and spots fill up fast. We are still offering archery, surf, stand up paddle, hiking, and mountain biking as alternative Unit PT's. Please email us if you are interested in setting something up.

j. Mr. Eddie Hadley. The 17<sup>th</sup> and 31<sup>st</sup> of July we are offering free bowling to all active duty from 1100-1300 at Leatherneck Lanes. Shoe rental included. No pre-registration required. On 18 July we have a deep sea fishing trip. The charter is at the Oceanside Harbor. The cost is \$55 which includes 5 hours of deep sea fishing. Fishing licenses and rods are not included but can be purchased at the harbor beforehand. On 15<sup>th</sup> August, we have kayaking and snorkeling in La Jolla cove. This two hour tour will take you out into the caves of La Jolla. The cost is \$50 and transportation is included. Open to single or unaccompanied active duty only. Please make sure you also check our recreation center calendar in the newsletter. We have eight recreation centers on base that put on several events every month.

k. Ms. Crystina Valverde. On the 20<sup>th</sup> of August we are doing a commissary tour. Management there will take you around, show you where healthy options are, and then you will come back to the 21 ADRC and meal prep. This meal will be barracks friendly. This is a free event, please email [pensmp@usmc-mccs.org](mailto:pensmp@usmc-mccs.org) to sign up.

6. Closing Remarks. Sgt Spears reminded everyone to sign in and hand all appointment letters to Ms. Carina Ricciardi.

7. The meeting adjourned at 1300. Questions can be emailed to [PENSMP@usmc-mccs.org](mailto:PENSMP@usmc-mccs.org)