

# FREE WORKSHOPS & CLASSES

# LIFE SKILLS

## TRAINING & EDUCATION

For more info or to register, Call (760) 725-9052



## January 2024

[5 Choices to Extraordinary](#)

[Productivity Essentials \(Virtual\)](#)

January 3-4 (0800-1200)

*Virtual Class*

[7 Habits of Highly Effective People](#)

[\(Virtual\)](#)

January 9-11 (0800-1430)

*Virtual Class*

[Real Relationships \(Virtual\)](#)

January 16 (0900-1100)

*Virtual Class*

[4 Lenses and the Agile Leader](#)

[\(Live\)](#)

January 17 (0800-1100)

*Wounded Warrior BN West Building 27833 Rotunda Classroom*

[Basic Anger Management \(Virtual\)](#)

January 18 (0900-1100)

*Virtual Class*

[Speed of Trust Foundations \(Live\)](#)

January 23-24 (0800-1200)

*Wounded Warrior BN West Building 27833 Rotunda Classroom*

[Leading Across Generations](#)

[\(Virtual\)](#)

January 30 (0800-1200)

*Virtual Class*

## February 2024

[Say What? Interpersonal](#)

[Communication \(Virtual\)](#)

February 1 (0900-1100)

*Virtual Class*

[Conflict Management \(Virtual\)](#)

February 6 (0900-1100)

*Virtual Class*

[Extended DISC \(Virtual\)](#)

February 7 (0800-1200)

*Virtual Class*

[Happiness Advantage \(Virtual\)](#)

February 8 (0800-1100)

*Virtual Class*

[Basic Stress Management \(Virtual\)](#)

Feb 13 (0900-1100)

*Virtual Class*

[5 Love Languages for Couples](#)

[\(Couples Night\)](#)

February 13 (1800-2000)

*Pacific Views M+FP (LINKS House)*

[Interpersonal Communication – Public](#)

[Speaking \(Live\)](#)

February 14 (0900-1100)

*Wounded Warrior BN West Building 27833 Rotunda Classroom*

[Leading at the Speed of Trust \(Live\)](#)

February 21-22 (0800-1430)

*Wounded Warrior BN West Building 27833 Rotunda Classroom*

## March 2024

[Bridging the Generation Gap](#)

[\(Virtual\)](#)

March 5 (0900-1100)

*Virtual Class*

[4 Lenses and Careers \(Live\)](#)

March 6 (0830-1100)

*Wounded Warrior BN West Building 27833 Rotunda Classroom*

[7 Habits of Highly effective People](#)

[\(Live\)](#)

March 12-14 (0800-1430)

*Wounded Warrior BN West Building 27833 Rotunda Classroom*

[5 Love Languages of Children](#)

[\(Virtual\)](#)

March 19 (0900-1100)

*Virtual Class*

[Conflict Management \(Virtual\)](#)

March 21 (0900-1100)

*Virtual Class*

[Say What? Interpersonal](#)

[Communication \(Virtual\)](#)

March 26 (0900-1100)

*Virtual Class*

[4 Lenses for Couples \(Virtual](#)

[Couples Night\)](#)

March 26 (1800-2000)

*Virtual Class*



# FREE WORKSHOPS & CLASSES

# LIFE SKILLS

## TRAINING & EDUCATION

For more info or to register, Call (760) 725-9052



## July 2024

[5 Love Languages of Children \(Virtual\)](#)

July 2 (0900-1100)

*Virtual Class*

[Bridging the Generation Gap \(Virtual\)](#)

July 9 (0900-1100)

*Virtual Class*

[Conflict Management \(Virtual\)](#)

July 11 (0900-1100)

*Virtual Class*

[Interpersonal Communication – Public](#)

[Speaking \(Live\)](#)

July 15 (0900-1100)

*Wounded Warrior BN West 27833*

*Rotunda Classroom*

[7 Habits of Highly Effective People](#)

[\(Virtual\)](#)

July 16-18 (0800-1430)

*Virtual Class*

[Leading at the Speed of Trust \(Live\)](#)

July 23-25 (0800-1400)

*Wounded Warrior BN West 27833*

*Rotunda Classroom*

[Basic Anger Management \(Virtual\)](#)

July 30 (0900-1100)

*Virtual Class*

[Happiness Advantage \(Virtual\)](#)

July 31 (0800-1100)

*Virtual Class*

## August 2024

[Say What? Interpersonal](#)

[Communication \(Virtual\)](#)

August 13 (0900-1100)

*Virtual Class*

[5 Choices to Extraordinary](#)

[Productivity Essentials \(Live\)](#)

August 14-15 (0800-1200)

*Wounded Warrior BN West*

*27833 Rotunda Classroom*

[Speed of Trust Foundations](#)

[\(Virtual\)](#)

August 20-21 (0800-1200)

*Virtual Class*

[Extended DISC \(Virtual\)](#)

August 27 (0800-1200)

*Virtual Class*

[4 Lenses and the Agile Leader](#)

[\(Virtual\)](#)

August 29 (0800-1100)

*Virtual Class*

## September 2024

[Bridging the Generations Gap](#)

[\(Virtual\)](#)

September 5 (0900-1100)

*Virtual Class*

[7 Habits of Highly Effective People](#)

[\(Live\)](#)

September 10-12 (0800-1430)

*Wounded Warrior BN West 27833*

*Rotunda Classroom*

[Real Relationships \(Virtual\)](#)

Sept 17 (0900-1100)

*Virtual Class*

[5 Love Languages for Couples](#)

[\(Couples Night\)](#)

September 17 (1800-2000)

*M+FP Pacific Views—L.I.N.K.S.*

*House*

[4 Lenses and Careers \(Virtual\)](#)

September 19 (0800-1100)

*Virtual Class*

[5 Choices to Extraordinary](#)

[Productivity Essentials \(Virtual\)](#)

September 24-25

(0800-1200)

*Virtual Class*

# FREE WORKSHOPS & CLASSES

# LIFE SKILLS

## TRAINING & EDUCATION

For more info or to register, Call (760) 725-9052



## October 2024

### Ready Set Prepare!

October 1 (0900-1100)

*Virtual Class*

### Extended DISC (Virtual)

Oct 3 (0800-1200)

*Virtual Class*

### Bridging the Generations Gap

(Virtual)

Oct 8 (0900-1100)

*Virtual Class*

### 4 Lenses for Couples – (Virtual

Couples Night)

Oct 8 (1800-2000)

*Virtual Class*

### Basic Stress Management (Virtual)

Oct 10 (0900-1100)

*Virtual Class*

### Conflict Management (Virtual)

Oct 16 (0900-1100)

*Virtual Class*

### Interpersonal Communication – Public

Speaking (Live)

Oct 17 (0900-1100)

*Wounded Warrior BN West 27833*

*Rotunda Classroom*

### 5 Choices to Extraordinary

Productivity Essentials (Live)

Oct 22-23 (0800-1200)

*Wounded Warrior BN West 27833*

*Rotunda Classroom*

## November 2024

### Speed of Trust Foundations

(Virtual)

November 5-6

(0800-1200)

*Virtual Class*

### Bridging the Generations Gap

(Virtual)

Nov 7 (0830-1030)

*Virtual Class*

### Say What? Interpersonal

Communication (Virtual)

Nov 13 (0900-1100)

*Virtual Class*

### 7 Habits of Highly Effective

People (Live)

November 19-21 (0800-1430)

*Wounded Warrior BN West*

*27833 Rotunda Classroom*

## December 2024

### Real Relationships (Virtual)

Dec 3 (0900-1100)

*Virtual Class*

### 4 Lenses and Careers (Live)

December 4 (0830-1100)

*Wounded Warrior BN West*

*27833 Rotunda Classroom*

### 5 Love Languages of Children

(Virtual)

Dec 5 (0900-1100)

*Virtual Class*

### 7 Habits of Highly Effective

People (Virtual)

December 10-12

(0800-1430)

*Virtual Class*