

FREE WORKSHOPS & CLASSES

LIFE SKILLS

TRAINING & EDUCATION

For more info or to register, Call (760) 725-9052



January 2023

[5 Choices to Extraordinary](#)

[Productivity Essentials](#)

[\(Virtual\)](#)

January 4-5 (0800-1200)

Virtual Class

[7 Habits of Highly Effective](#)

[People \(Virtual\)](#)

January 10-12 (0800-1430)

Virtual Class

[Real Relationships \(Virtual\)](#)

January 18 (0900-1100)

Virtual Class

[Basic Anger Management](#)

[\(Virtual\)](#)

January 19 (0900-1100)

Virtual Class

[Speed of Trust Foundations](#)

[\(Live\)](#)

January 24-25 (0800-1200)

Wounded Warrior BN West Building 27833 Courage Classroom

February 2023

[Say What? Interpersonal](#)

[Communication \(Virtual\)](#)

February 1 (0900-1100)

Virtual Class

[Leading Across Generations \(Virtual\)](#)

February 2 (0800-1200)

Virtual Class

[Conflict Management \(Virtual\)](#)

February 7 (0900-1100)

Virtual Class

[5 Love Languages for Couples](#)

[\(Couples Night\)](#)

February 7 (1800-2000)

Pacific Views M+FP (LINKS House)

[Extended DISC \(Virtual\)](#)

February 8 (0800-1200)

Virtual Class

[Happiness Advantage \(Virtual\)](#)

February 9 (0800-1100)

Virtual Class

[Leading at the Speed of Trust \(Virtual\)](#)

February 14-16 (0800-1430)

Virtual Class

[4 Lenses and the Agile Leader \(Live\)](#)

February 21 (0800-1430)

Wounded Warrior BN West Building 27833 Courage Classroom

[Basic Stress Management \(Virtual\)](#)

Feb 28 (0900-1100)

Virtual Class

March 2023

[Bridging the Generation Gap](#)

[\(Virtual\)](#)

March 2 (0900-1100)

Virtual Class

[7 Habits of Highly effective](#)

[People \(Live\)](#)

March 7-9 (0800-1430)

Wounded Warrior BN West Building 27833 Courage Classroom

[5 Love Languages of](#)

[Children \(Virtual\)](#)

March 16 (0900-1100)

Virtual Class

[Real Relationships \(Virtual\)](#)

March 23 (0900-1100)

Virtual Class

[4 Lenses for Couples \(Virtual](#)

[Couples Night\)](#)

March 28 (1800-2000)

Virtual Class

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April 2023

[5 Choices to Extraordinary](#)

[Productivity Essentials \(Live\)](#)

April 4-5 (0800-1200)

Wounded Warrior BN West

27833 Classroom

[Happiness Advantage](#)

[\(Virtual\)](#)

April 11 (0800-1100)

Virtual Class

[Speed of Trust Foundations](#)

[\(Virtual\)](#)

April 18-19 (0800-1200)

Virtual Class

[Real Relationships \(Virtual\)](#)

April 25 (0900-1200)

Virtual Class

May 2023

[Conflict Management \(Virtual\)](#)

May 2 (0900-1100)

Virtual Class

[Leading Across Generations \(Virtual\)](#)

May 4 (0800-1200)

Virtual Class

[Say What? Interpersonal](#)

[Communication \(Virtual\)](#)

May 9 (0900-1100)

Virtual Class

[4 Lenses and the Agile Leader \(Live\)](#)

May 11 (0800-1100)

Wounded Warrior BN West 27833

Classroom

[7 Habits of Highly Effective People](#)

[\(Virtual\)](#)

May 16-18 (0800-1430)

Virtual Class

[Say What? Interpersonal](#)

[Communication – Public Speaking](#)

[\(Live\)](#)

May 23 (0800-1100)

Wounded Warrior BN West 27833

Classroom

[5 Love Languages of Children \(Virtual\)](#)

May 24 (0900-1100)

Virtual Class

June 2023

[Real Relationships \(Virtual\)](#)

June 1 (0900-1100)

Virtual Class

[5 Choices to Extraordinary](#)

[Productivity Essentials \(Live\)](#)

June 6-7 (0800-1200)

Wounded Warrior BN West

27833 Classroom

[Extended DISC \(Virtual\)](#)

June 8 (0800-1200)

Virtual Class

[Speed of Trust Foundations](#)

[\(Virtual\)](#)

June 13-14 (0800-1200)

Virtual Class

[Basic Stress Management](#)

[\(Virtual\)](#)

June 27 (0900-1100)

Virtual Class

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July 2023

[Bridging the Generation Gap](#)

[\(Virtual\)](#)

July 12, 2021 (0900-1100)

Virtual Class

[Conflict Management](#)

[\(Virtual\)](#)

July 13, 2021 (0900-1100)

Virtual Class

[7 Habits of Highly Effective](#)

[People \(Virtual\)](#)

July 18-20 (0800-1430)

Virtual Class

[Leading at the Speed of](#)

[Trust \(Live\)](#)

July 25-27 (0800-1400)

Wounded Warrior BN West

27833 Courage Classroom

August 2023

[5 Choices to Extraordinary](#)

[Productivity Essentials \(Virtual\)](#)

August 1-2 (0800-1200)

Virtual Class

[Extended DISC \(Virtual\)](#)

August 3 (0800-1200)

Virtual Class

[Basic Anger Management \(Virtual\)](#)

August 8 (0900-1100)

Virtual Class

[5 Love Languages of Children \(Virtual\)](#)

August 10 (0900-1100)

Virtual Class

[Speed of Trust Foundations \(Live\)](#)

August 15-16 (0800-1200)

Wounded Warrior BN West 27833

Courage Classroom

[Say What? Interpersonal](#)

[Communication \(Virtual\)](#)

Aug 17 (0900-1100)

Virtual Class

[Happiness Advantage \(Virtual\)](#)

August 22 (0800-1100)

Virtual Class

[4 Lenses and the Agile Leader](#)

[\(Virtual\)](#)

August 29 (0800-1100)

Virtual Class

September 2023

[Bridging the Generations Gap](#)

[\(Virtual\)](#)

September 6 (0900-1100)

Virtual Class

[7 Habits of Highly Effective](#)

[People \(Live\)](#)

September 12-14 (0800-1430)

Wounded Warrior BN West

27833 Courage Classroom

[5 Love Languages for Couples](#)

[\(Couples Night\)](#)

September 19 (1800-2000)

M+FP Pacific Views—L.I.N.K.S.

House

[Real Relationships \(Virtual\)](#)

Sept 21 (0900-1100)

Virtual Class

[5 Choices to Extraordinary](#)

[Productivity Essentials](#)

[\(Virtual\)](#)

September 26-27

(0800-1200)

Virtual Class

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October 2023

[Ready Set Prepare!](#)

October 3 (0900-1100)

Virtual Class

[Extended DISC \(Virtual\)](#)

Oct 4 (0800-1200)

Virtual Class

[4 Lenses for Couples – Live](#)

[\(Couples Night\)](#)

October 10 (1800-2000)

M+FP Pacific Views—L.I.N.K.S.

House

[Basic Stress Management](#)

[\(Virtual\)](#)

Oct 12 (0900-1100)

Virtual Class

[5 Choices to Extraordinary](#)

[Productivity Essentials \(Live\)](#)

Oct 17-18 (0800-1200)

Wounded Warrior BN West

27833 Courage Classroom

[Conflict Management \(Virtual\)](#)

Oct 24 (0900-1100)

Virtual Class

November 2023

[Speed of Trust](#)

[Foundations \(Virtual\)](#)

November 1-2

(0800-1200)

Virtual Class

[Say What?](#)

[Interpersonal](#)

[Communication](#)

[\(Virtual\)](#)

Nov 7 (0900-1100)

Virtual Class

Nov 16 (0900-1100)

Virtual Class

[Leading Across](#)

[Generations \(Virtual\)](#)

Nov 30 (0800-1200)

Virtual Class

December 2023

[7 Habits of Highly](#)

[Effective People](#)

[\(Virtual\)](#)

December 5-7

(0800-1430)

Virtual Class

[Real Relationships](#)

[\(Virtual\)](#)

Dec 12 (0900-1100)

Virtual Class

[5 Love Languages of](#)

[Children \(Virtual\)](#)

Dec 14 (0900-1100)

Virtual Class