



UNITED STATES MARINE CORPS
MARINE CORPS INSTALLATIONS WEST-MARINE CORPS BASE
BOX 555010
CAMP PENDLETON, CALIFORNIA 92055-5010

1700
MCCS
02 April 25

MEMORANDUM

From: Active Duty & Unit Recreation Dept Head, Semper Fit Division,
Marine Corps Community Services, Camp Pendleton
To: Sergeant Major, Marine Corps Air Station, Camp Pendleton,
California

Subj: MINUTES OF THE MARINE CORPS AIR STATION (MCAS) SINGLE MARINE
PROGRAM COUNCIL MEETING WEDNESDAY, 02 April 2025

Ref: (a) MCO 1700.36B
(b) MCIWEST-MCB CAMPENO 5420.10

1. As provided in reference (a), the Single Marine Program (SMP) Council meeting was called to order by the MCAS SMP Council President at 1200.

2. Attendance

a. Units with Junior Service Member Representative(s) Present

- (1) Headquarters & Headquarter Squadron MCAS (H & HS MCAS)
- (2) Marine Aviation Logistics Squadron 39 (MALS-39)
- (3) Marine Aircraft Group 39 Headquarters (MAG-39 HQ)
- (4) Marine Air Support Squadron 3 (MASS-3)
- (5) Marine Wing Support Squadron 372 (MWSS-372)
- (6) Marine Light Attack Helicopter Training Squadron 303 (HMLAT-303)

b. Units with Senior Enlisted Adviser (SEA) Present

- (1) (H & HS MCAS)

c. Others Present

- (1) Single Marine Program Assistant Coordinator
- (2) 22 Area Active-Duty Recreation Center (ADRC) Manager
- (3) 24 Area Active-Duty Recreation Center (ADRC) Manager
- (4) 33 Area Active-Duty Recreation Center (ADRC) Manager

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- (5) Research Audiologist Naval Hospital
- (6) MCAS Fitness Center Manager
- (7) Big Brothers Big Sisters of San Diego County

3. Cpl Fenwick. Started the meeting by introducing herself as the president and encouraging everyone to sign in. Please hand all appointment letters to Ms. Carina Johnson.

4. SgtMaj Smith-Leavy. There are a lot of new faces in the crowd today. Thank you all so much for being here and showing support. We want to make sure we have continuity, accountability is important. We have a lot of information being passed at these meetings, so it is important you are planning to be in this position for as long as you can. This program is so important and it plays a huge role in retention in the Marine Corps. SMP reps should be helping new Marines who check in. Make sure their barracks room is good, and they know where their local recreation center is. Don't be afraid to speak up at these meetings, your input is crucial. Ask any questions and bring up any concerns.

5. Col Houser. Thank you all for coming. Operation clean sweep is in full effect, some of you may be moving barracks rooms soon. 267 will be in the 33 area for about a month. 24 Area is now at 95% occupancy. There has been a lot of support from the base to fix up the 24 area. It is a highly noticeable difference, thank you everyone for all your efforts. We have a lot of self-help items for fixing smaller things, please utilize these resources. The QR codes for submitting maintenance requests should still be used. There is a staff run on the PFT course this Friday at 0730. April is a very important month, there are a lot of events happening. Talk to your Marines and make sure they are aware. On earth day we are doing a massive recycling and cleanup day. Environmental teams will work with your units to help with these projects.

6. Quality of Life Issues

- a. Old Issues- No New Issues.
- b. New Issues- No New Issues.

7. Guest Speakers

a. Mr. Chris Santos. Big Brother Big Sisters of San Diego County is one to one mentoring to help kids in need. Our "biggs" are our volunteers. Must be 18+ and live in San Diego County. You get assigned a "little" to mentor when you sign up. Our goal is to keep kids safe; these kids have no mentors to look up to or they need some kind of guidance. These kids often come from single parents, military parents, or incarcerated parents. Children with mentors are less likely to get into trouble and suffer from mental illness. There are currently 22 military kids in operation big waiting for mentorships.

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There are 10-15 kids in this area alone. We are especially looking for male mentors, since there are currently a lot of deployed fathers. This is a minimum six month commitment. You will get paired with a kid who shares similar interests as you. You are required to hang out at least twice a month, for 2 hours each hangout. Please check out our website or see the QR code flyer to learn more. We do write LOA's for your time.

b. Mr. Thomas Nadeau. The new 2025 Semper Fit Directory booklet has all the information & resources you need regarding the Semper Fit programs. You can pick one up at the gym and ask me any questions. We are always working to help you improve your mental, physical, social, and spiritual fitness. You may have a lot of questions about how you can improve your quality of life, and that is what we are here for. Continue to advocate and take care of yourself. Utilize the free classes we offer, such as our WARR and Nutrition classes. It will not only make you a more well-rounded Marine, but human being. The new WARR level 1 class is the new HIIT course. The same information translates over but offers even more information and resources. This is an introduction to exercise science. 24 hour gym access is still available. You must register your CAC beforehand at the front desk. There is a buddy system, you can't be alone in the gym after hours.

c. Mr. Eduardo Veytia and Ms. Hannah Famili. The NOISE Study aims to learn more about Tinnitus in the military. This is a long-term study, and we need more participants. It's simple to enroll, you just set up an appointment with us and we will see if you qualify. We then do an in-depth hearing test. Anyone who is active duty is eligible to participate. Every year for participating you get a \$100 Amazon gift card. Ideally looking for a five-year commitment, but if you decide to stop that's fine, there are no repercussions. If you move in the next five years, we will fly you back out to San Diego and pay for everything. We can also refer you to a specialist at naval if your hearing loss is significant. Please call or text us to set up an appointment 253-317-0209.

d. Ms. Tonya Bryant. Discussed the upcoming events at 22 ADRC.

e. Mr. Chris Phillips. Discussed the upcoming events at 24 ADRC.

f. Mr. Mark Beuhman. Discussed the upcoming events at 33 ADRC.

g. Ms. Carina Johnson. Outdoor Adventures (OA) offers events such as mountain bike rides, hikes, surf lessons, archery and stand up paddle. You must reserve at least 2 weeks in advance. The more notice the better availability. Gravel Ride Hustle is now happening only once a month. The next gravel ride is 09 April at 1100 behind the 22 area barracks. Please email Pen.oa@usmc-mccs.org to sign up for any OA activity. All OA events are for active duty only. Our Hike Challenge was canceled due to the executive order restricting federal employees from traveling, but we are working on alternatives. Information sheets for you to complete this challenge on your own time will be posted tomorrow. Please email us if you have any questions.

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As for SMP, we have a Seaworld trip coming up 18 April. The cost is \$35, which includes transportation and admission. April is volunteer month; our week of service is back. We have several volunteer opportunities available to all active duty. LOA's and light refreshments are always provided. These opportunities are listed in our newsletter on our website, and on our social media pages. Please also check out the recreation center events, there are eight centers across the installation that host several different events every month.

8. Closing Remarks. Cpl Fenwick thanked everyone for attending and reminded everyone to sign in on the sheets in the back of the room and to turn in appointment letters. This is her last meeting, Sgt Spears will be moving into the Presidents position. We are looking for someone to take over as the Vice President. If you are interested, please email a short bio of yourself to carina.johnson@usmc-mccs.org. Cpl Fenwick reminded everyone to encourage their Marines to sign up for trips and volunteer programs. Volunteering is a great way to get involved and feel less homesick. There are so many physical, mental, social, and spiritual benefits to volunteering. It's tax season, make sure your fellow Marines do their taxes on time and are making financially smart decisions. Please look into getting your degree while you are active duty, a lot of people don't take advantage of that. There are so many benefits from the military, make sure you are informing your Marines as much as you can.

9. The meeting adjourned at 1300. Questions can be emailed to PENSMP@usmc-mccs.org