



UNITED STATES MARINE CORPS
MARINE CORPS INSTALLATIONS WEST-MARINE CORPS BASE
BOX 555010
CAMP PENDLETON, CALIFORNIA 92055-5010

1700
MCCS
08 January 25

MEMORANDUM

From: Active Duty & Unit Recreation Dept Head, Semper Fit Division,
Marine Corps Community Services, Camp Pendleton
To: Sergeant Major, Marine Corps Air Station, Camp Pendleton,
California

Subj: MINUTES OF THE MARINE CORPS AIR STATION (MCAS) SINGLE MARINE
PROGRAM COUNCIL MEETING WEDNESDAY, 08 January 2025

Ref: (a) MCO 1700.36B
(b) MCIWEST-MCB CAMPENO 5420.10

1. As provided in reference (a), the Single Marine Program (SMP)
Council meeting was called to order by the MCAS SMP Council Vice
President at 1200.

2. Attendance

a. Units with Junior Service Member Representative(s) Present

- (1) Headquarters & Headquarter Squadron MCAS (H & HS MCAS)
- (2) Marine Aviation Logistics Squadron 39 (MALS-39)
- (3) Marine Wing Support Squadron 372 (MWSS-372)
- (4) Marine Aircraft Group 39 Headquarters (MAG-39 HQ)
- (5) Marine Air Support Squadron 3 (MASS-3)
- (6) Marine Light Attack Helicopter Training Squadron 303
(HMLAT-303)
- (7) Marine Light Attack Helicopter Squadron 367 (HMLA-367)

b. Units with Senior Enlisted Adviser (SEA) Present

- (1) (H & HS MCAS)

c. Others Present

- (1) Active Duty & Unit Rec. Department Head
- (2) Single Marine Program Assistant Coordinator
- (3) Recreation Center Supervisor

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- (4) 22 Area Active-Duty Recreation Center (ADRC) Manager
- (5) 24 Area Active-Duty Recreation Center (ADRC) Manager
- (6) 33 Area Active-Duty Recreation Center (ADRC) Manager
- (7) Human Performance Department Head
- (8) Base Volunteer Coordinator
- (9) ISN Building Managers

3. Sgt Spears Started the meeting by introducing herself as the vice president and encouraging everyone to sign in.

4. SgtMaj Smith-Leavy Introduced herself and encouraged Marines to take notes and ask any questions they may have.

5. Quality of Life Issues

- a. Old Issues
 - 1. No Old Issues.
- b. New Issues
 - 1. No New Issues.

6. Guest Speakers

a. ISN Building Managers. There are new building managers for 22, 24, and 33 area barracks. If you have any questions or concerns about the barracks, please reach out to your building manager. There will be some new changes in the upcoming months so keep an eye out.

b. Mr. Miguel Juarez. The base volunteer coordinators are here to find things for you to do. There is something for everyone, you just let us know what your interests are, and we can find fun volunteer programs near you. Volunteering is rewarding and beneficial for you and the community. It's good to get out of the barracks and try new things. If you complete a certain number of hours at the end of the year, you get a signed LOA from the President of the United States. We are also having an award ceremony this April for Volunteer of the year. You can nominate someone you think qualifies for this award. The deadline to nominate someone is February 15, 2025. Please email if you have any questions miguel.juarez@usmc-mccs.org.

- c. Ms. Tonya Bryant. Discussed the upcoming events at 22 ADRC.
- d. Mr. Chris Phillips. Discussed the upcoming events at 24 ADRC.
- e. Mr. Mark Beuhman. Discussed the upcoming events at 33 ADRC.

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f. Mr. David Pendergrass. A recent study was done that showed physical exercise, walking, weightlifting, yoga, etc., is just as effective for mental health as talk therapy. Physical and mental fitness is so incredibly important, our department offers numerous options for you to tackle your health. We have several fitness centers across the installation, and we offer classes such as nutrition, 1:1 life coaching, warrior network group, yoga, and HIIT. There are so many resources available to you all. We also have a DEXA Scan and Bod Pod you can use for free to better understand your body composition. Our Dieticians can then help set up a plan for you based on your goals and needs.

g. Ms. Carina Johnson. Outdoor Adventures (OA) offers events such as mountain bike rides, hikes, surf lessons, archery and more. Must reserve at least 2 weeks in advance. The more notice the better availability. All OA events are for active duty only. Gravel Ride Hustle is now every Wednesday at 1100 behind the 22 Area Barracks. Please email Pen.oe@usmc-mccs.org to sign up for any OA activity. We are headed back to Big Bear for ski/snowboarding January 24. Price is \$140 which includes ski lift ticket, rentals, and transportation. Overnight trips will be announced soon for February. Price and location are still TBD for the overnight trips. Please check our social media for updates.

h. Mr. Eddie Hadley. Please don't hesitate to let us or your recreation managers know if there are events you would like to see. We try to tailor our programs and trips to things you all are interested in and requesting. Your voice matters. We have several volunteer events coming up, 53 ADRC Camp Cleanup January 24 1300-1500, and 43 ADRC Camp Cleanup January 25 0730-1230. February 07, we have our PE Fitness event. Help put on a mini fitness challenge for children at a local elementary school. Receive an LOA and lunch for participating. February 28 we are headed back to Disneyland, price is only \$130 for a park hopper ticket, lightening lane upgrade, and transportation. Email Pensmp@usmc-mccs.org for trip and volunteer sign ups.

7. Closing Remarks. Cpl Fenwick thanked everyone for attending and reminded everyone to sign in on the sheets in the back of the room and to turn in appointment letters. Please make sure your junior Marines are making financially smart decisions. It is the start of a new year and there is a new pay increase, make sure they are being smart with this money.

8. The meeting adjourned at 1300. Questions can be emailed to PENSMP@usmc-mccs.org